

Education Booklet

2009/2010



dovehouse
hospice

caring for people with a life limiting illness



North Humberside Hospice Project Limited a company limited by guarantee
registered in England and Wales Company number: 01498747
Registered office: Dove House Hospice,
Chamberlain Road, Hull, HU8 8DH Registered Charity number: 509551



Education Department

General

The Dove House Hospice education department is based at Chamberlain Road Hull. We provide education to the whole range of staff involved in the care of people with life-limiting illness and bereavement.

The people who attend our courses and study days come from Schools, Hospitals, Care Homes, the Community, Social Services, other Hospices and members of the general public.

This education both assists staff to give up to date quality care to patients and families and raises awareness of the issues surrounding specialist palliative care.

Library

Here at Dove House we have a library manned by a team of volunteers that can provide information to help support patients and their carers and is a good resource for health care professionals both at Dove House and in the wider community.

How to book

To book a place on one of our courses please complete an application form (see back of booklet), alternatively you can apply online at www.dovehouse.org.uk, by telephoning 01482 785783 or by emailing education@dovehouse.org.uk

What if I need to cancel?

Please let us know in writing (by letter, fax or via email) if you need to cancel your place on a course. (All cancellations are subject to a £5 administration fee). We reserve the right to charge in full for courses cancelled with less than 28 days notice. In such cases we would encourage you to send a colleague in your place.

What if a course is cancelled?

Dove House Hospice reserves the right to cancel courses at short notice. In such cases we offer a full refund of the course fees. We also reserve the right to change trainers & the programme if necessary. You would be informed of any relevant changes at the earliest opportunity, by whichever method possible. If you have a confirmed place on a course and that course has been cancelled, we will also attempt to contact you by telephone.

Diary of Courses

April 2009	Tue 21st April	Interactive Workshop - 'Advances in Pain Treatment' by Dr Ben Zylicz
May 2009	Wed 6th May	Hospice Information Afternoon
	Thu 21st May	Hospice Lecture - 'The National Dementia Strategy & Palliative Care'
June 2009	Wed 10th June	Lost for Words
	Tue 23rd June	Interactive Workshop - 'A Patient with Nausea & Vomiting' By Dr Ben Zylicz
July 2009	Thu 9th July	Study Day - 'Palliative Care for Care Assistants & Care Home Staff'
	Wed 22nd July	Hospice Information Afternoon
	Thu 23rd July	Working with Children after a Bereavement
September 2009	Tue 15th September	Interactive Workshop - 'Difficult Symptoms in Palliative Care' By Dr Ben Zylicz
	Wed 16th September	Hospice Information Afternoon
	Thu 17th September Thu 24th September Thu 1st October	Attachment, Separation & Loss (3 day course)
	Mon 21st September	Study Day - 'Cultural Issues'
	Fri 25th September	Study Day - 'Death Anxiety'
October 2009	Wed 7th October	Ethical Challenges in Palliative Care
	Fri 9th October	Lost for Words
	Wed 14th October	A Workshop in Pain & Symptom Management
	Thu 15th October	Hospice Lecture - 'Cough in Palliative Care'
November 2009	Tue 17th November	Interactive Workshop - 'Urogenital & Gynaecological Symptoms in Palliative Care' by Dr Ben Zylicz
	Wed 18th November	Hospice Information Afternoon
January 2010	Wed 20th January	Hospice Information Afternoon
February 2010	Thu 4th February	Hospice Lecture - 'title tbc'
March 2010	Fri 5th March	Lost for Words
	Wed 17th March	Hospice Information Afternoon



Interactive Workshop

Advances in Pain Treatment

Date: Tuesday 21st April 2009

Time : 6.30pm to 9.00pm

Price: £10 (includes refreshments)

Facilitator: Dr Ben Zylicz
Consultant in Palliative Medicine
Dove House Hospice

Location: Dove House Hospice

6.30pm	Refreshments / Registration
7.00pm	Workshop
9.00pm	Close

This workshop is aimed at all Health Care Professionals with an interest in palliative care including General Practitioners, Hospital and Hospice Physiotherapists, Doctors, Nurses, Clinical Nurse Specialists, Community Nurses and Social Workers.





Hospice Information Afternoon

Date: Wednesday 6th May 2009

Repeated : Wednesday 22nd July 2009
Wednesday 16th September 2009
Wednesday 18th November 2009
Wednesday 20th January 2010
Wednesday 17th March 2010

Time: 1.00pm to 3.30pm

Price: Free of charge (includes refreshments)

Facilitator: Nic MacManus - Head of Education, Dove House Hospice

Location: Dove House Hospice

To find out more about the services provided by Dove House Hospice why not come along to our Hospice Information Afternoon.





Hospice Lecture

The National Dementia Strategy & Palliative Care

Date: Thursday 21st May 2009

Time: 6.30pm - 8.30pm

Price: £10 (includes refreshments)

Facilitator: Dr John Bestley
Consultant Psychiatrist

Location: Dove House Hospice

6.30pm	Refreshments / Registration
7.00pm	Lecture
8.30pm	Close





Lost for Words

Date: Wednesday 10th June 2009

Repeated Friday 9th October 2009
Friday 5th March 2010

Time: 9.00am Coffee & Registration
9.15am Start
4.30pm Finish

Price: £70 (includes refreshments and lunch)

Facilitators: Dr John Holland - Independent Psychologist
Nic MacManus - Dove House Hospice

Location: Dove House Hospice

Lost for Words is a loss awareness training day for teachers, teaching assistants and others working with children.

Topics include:-

- Strategies to help children
- Children's understanding of loss
- Theories of loss
- Children and funerals
- Recognising the signs of loss
- Changes in learning and behaviour after loss
- Policies in schools

'Children & Loss - Time To Listen' Conference
4th June 2010 - details to follow





Interactive Workshop

A Patient with Nausea & Vomiting

Date: Tuesday 23rd June 2009

Time : 6.30pm to 9.00pm

Price: £10 (includes refreshments)

Facilitator: Dr Ben Zylicz
Consultant in Palliative Medicine
Dove House Hospice

Location: Dove House Hospice

6.30pm	Refreshments / Registration
7.00pm	Workshop
9.00pm	Close

This workshop is aimed at all Health Care Professionals with an interest in palliative care including General Practitioners, Hospital and Hospice Physiotherapists, Doctors, Nurses, Clinical Nurse Specialists, Community Nurses and Social Workers.





Study Day

Palliative Care for Care Assistants & Care Home Staff

Date: Thursday 9th July 2009

Time: 9.00am Coffee & Registration
9.15am Start
4.30pm Finish

Price: £10 (includes refreshments)

Facilitator: Nic MacManus & Leanne Rollin
Dove House Hospice

Location: Dove House Hospice

Topics include:-

- Oral care
- Pressure area care
- Catheter care
- Psychological care
- Communication skills
- Ethical issues
- Pain & symptom control

This day will be particularly useful to all care staff in hospitals, nursing homes, residential homes & the community.





Working with Children after a Bereavement

Date: Thursday 23rd July 2009

Time: 9.00am Coffee & Registration
9.15am Start
4.30pm Finish

Price: £70 (includes refreshments and lunch)


Facilitator: Maureen George - Social Worker, Dove House Hospice

Location: Dove House Hospice

Topics include:-

- Communication issues
- Problems that might arise
- Awkward questions
- Responses at different ages
- Ideas and ways of working with children following a bereavement
- Gaining an understanding of child development and how it relates to loss and grief

During the day participants will have the opportunity to get involved in practical ways of working with children after a bereavement





Interactive Workshop

Difficult Symptoms in Palliative Care

Date: Tuesday 15th September 2009

Time : 6.30 - 9.00pm

Price: £10 (includes refreshments)

Facilitator: Dr Ben Zylicz
Consultant in Palliative Medicine
Dove House Hospice

Location: Dove House Hospice

6.30pm	Refreshments / Registration
7.00pm	Workshop
9.00pm	Close

This workshop is aimed at all Health Care Professionals with an interest in palliative care including General Practitioners, Hospital and Hospice Physiotherapists, Doctors, Nurses, Clinical Nurse Specialists, Community Nurses and Social Workers.





Attachment, Separation & Loss

Date: Thursday 17th, 24th September & 1st October 2009

Time: 9.00am Coffee & registration
9.15am Start
4.30pm Finish

Price: £150 includes lunch and refreshments


Facilitator: The Family Support Team, Dove House Hospice

Location: Dove House Hospice

This 3 day course aims to provide a sound basic understanding of grief and those issues that impact upon its progress and outcome. The main components of the course are:

- Normalising grief. How it affects our emotions, minds, behaviour and physical health.
- Useful theory to aid our understanding of grief.
- The types of losses we experience in life.
- How grief can become complicated.
- Recognising when grief is going wrong.
- How sudden death is different from anticipated loss.
- Spiritual issues in bereavement.
- Bereavement and children.
- Disenfranchised grief.

The course will be particularly useful to anyone who has anxieties about working with the bereaved and those who feel the need to put some understanding and structure to their own experience of grief. For further details please contact The Family Support Team on (01482) 784343





Study Day

Cultural Issues in Palliative Care

Date: Monday 21st September 2009

Time: 9.00am Coffee & Registration
9.15am Start
4.30pm Finish

Price: tbc


Facilitator: tbc

Location: Dove House Hospice

Culture plays a critical role in how patients, families and health care providers view the end of life.

The study day will explore this issue to try and ensure that patients and their families from different cultures receive optimum care and support.





Study Day


Death Anxiety

- Date: Friday 25th September 2009
- Time: 9.00am Coffee & Registration
9.15am Start
4.30pm Finish
- Price: £50 includes refreshments and lunch
- Facilitator: Graham Farley - Practice Educator
Marie Curie Hospice, Bradford
- Location: Dove House Hospice

The training is designed for health care professionals who are primarily engaged in caring for dying patients who wish to raise their self awareness around death anxiety.

The ultimate aim of the day is for health care professionals to explore their thoughts and feelings around death, dying and death anxiety.

This study day aims to provide participants with a range of opportunities to:

- Define what is meant by the terminology of death anxiety
 - Explore how we view death
 - Identify the causes of death anxiety
 - Explore how we cope with impending death and associated anxiety
 - Sharing personal experiences around death and dying
 - Identify attitudes, thoughts and beliefs associated with death anxiety
- 



Study Day

Ethical Challenges in Palliative Care

Date: Wednesday 7th October 2009

Time: 9.00am Coffee & Registration
9.15am Start
4.30pm Finish

Price: £10 (includes refreshments)

Facilitator: Nic MacManus MA (Applied Ethics)
Dove House Hospice

Location: Dove House Hospice

The day will be very useful to any healthcare professional interested in the ethical issues that we confront in our practice.

The day will explore among others:

- Respect for autonomy and palliative care
- Sedation
- Euthanasia & assisted suicide
- Advance decisions





A Workshop in Pain and Symptom Management

Date: Wednesday 14th October 2009

Time: 9.00am Coffee & Registration
9.15am Start
4.30pm Finish

Price: £50 (includes refreshments and lunch)

Facilitator: Dr Ben Zylicz, Consultant in Palliative Medicine,
Dove House Hospice

Dr Kirsten Saharia, Consultant in Palliative Medicine
Hull & East Yorkshire Hospitals NHS Trust

Dr Lia van der Plaats, Clinical Assistant
Dove House Hospice

Location: Dove House Hospice

This day is aimed at doctors, specialist nurses and all those with an interest in palliative care.

Topics include:-

- Ethics
 - Opioid antagonists
 - Opioid induced hyperalgesia
 - Symptom management in renal impairment
 - Symptom management in hepatic impairment
 - Symptom management in neurodegenerative disease
- 



Hospice Lecture

Cough in Palliative Care

Date: Thursday 15th October 2009

Time: 6.30 - 8.30pm

Price: £10 (includes refreshments)

Facilitator: Prof Alyn H Morice
Head of Cardiovascular & Respiratory Care
Hull York Medical School

Location: Dove House Hospice

6.30pm	Refreshments / Registration
7.00pm	Lecture
8.30pm	Close

Professor Morice is a leading expert in the symptom of cough. He will look at the physiology of cough and the causes and treatment of this significant symptom in palliative care.





Interactive Workshop

Urogenital & Gynaecological Symptoms in Palliative Care

Date: Tuesday 17th November 2009

Time : 6.30pm to 9.00pm

Price: £10 (includes refreshments)

Facilitator: Dr Ben Zylicz
Consultant in Palliative Medicine
Dove House Hospice

6.30pm	Refreshments / Registration
7.00pm	Workshop
9.00pm	Close

This workshop is aimed at all Health Care Professionals with an interest in palliative care including General Practitioners, Hospital and Hospice Physiotherapists, Doctors, Nurses, Clinical Nurse Specialists, Community Nurses and Social Workers.





Hospice Lecture

Title tbc

Date: Thursday 4th February 2010

Time: tbc

Price: tbc

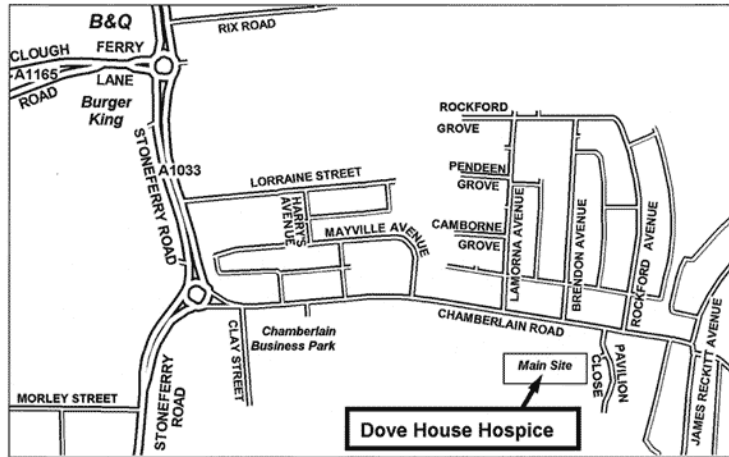
Facilitator:

Location:



How to find us

Dove House is situated on Chamberlain Road which is in the Garden Village area of East Hull. We are signposted from the major roads surrounding the Hospice, so finding us should not be too difficult.



Travelling East from Leeds, Goole and the M62

The M62 becomes the A63 (Clive Sullivan Way), continue on this road towards the town centre. Follow the road as it goes over Myton Bridge Flyover, crossing the River Hull, making sure you are in the middle lane.

You will then come to a roundabout where you must take the second exit. Stay in the left hand lane and shortly afterwards, take the 1st slip-road on your left signposted Beverley and Bridlington, which will bring you to another roundabout, where you again take the second exit into Mount Pleasant.

Continue on this road, going straight over the traffic lights (Junction with Holderness Road) and go straight ahead at the next 2 roundabouts.

At the third roundabout turn right into Chamberlain Road.

Travelling South from York and Beverley

Take the A1079, Beverley bypass, towards Hull.

Continue on the A1079 until a roundabout signs A1033 East Hull follow the signs for A1033 - straight over 2 roundabouts, at 3rd roundabout take 3rd exit still following A1033 signs, straight over next roundabout and 1st exit at the next roundabout (Ennerdale Roundabout), 3rd exit at next roundabout.

Then straight over the next 2 roundabouts (still signed A1033) at the next roundabout take 1st exit (left) into Chamberlain Road.

Travelling North from Lincoln, Grimsby and Scunthorpe

Take A15 over the Humber Bridge and join the A63 (Clive Sullivan Way) at the roundabout. Continue on this road towards the town centre. Follow the road as it goes over Myton Bridge Flyover, crossing the River Hull, making sure you are in the middle lane.

You will then come to a roundabout where you must take the second exit. Stay in the left hand lane and shortly afterwards, take the 1st slip-road on your left signposted Beverley and Bridlington, which will bring you to another roundabout, where you again take the second exit into Mount Pleasant.



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caring for people with a life limiting illness

EDUCATION DEPARTMENT

Dove House Hospice, Chamberlain Road, Hull HU8 8DH Tel: (01482) 785783
e-mail education@dovehouse.org.uk

Course Application Form

Only one applicant per form, please photocopy if additional forms are required.

PLEASE COMPLETE ALL DETAILS BELOW IN BLOCK CAPITALS AND RETURN TO THE EDUCATION DEPARTMENT AT THE ABOVE ADDRESS or APPLY ON LINE BY VISITING OUR WEBSITE AT www.dovehouse.org.uk

Course Details:

Title of Course:

Date of Course:

Applicant's Details:

Full Name:

Title: (Mr/Mrs/Ms/Dr, etc)

Home Address:	Workplace Address:
Postcode:	Postcode:
Tel:	Job Title:
e-mail:	Tel:

Special Dietary Requirements:

Special Needs:

Payment Details:


Ways to pay...

Call the credit card booking hotline on **01482 785783** or if you are calling from abroad dial **+44 (0) 1482 785783**

Or make a cheque payable to Dove House Hospice

Or invoice. To receive an invoice please complete the invoice to name and address below. All invoices must be paid in full prior to the event.

Credit Card Payments: Please enter the details of the card holder
(an email receipt will be sent automatically from WorldPay)

Name																								
Address																								
Tel (inc std)																								
Email																								
Amount	£																							
Card No.																								
Start Date				End Date				Issue No.																
Security No.				The Security Number is the last 3 digits on the signature strip																				

Please invoice my employers for the full course fee/balance of payment

Name:

Address:

Tel:

E-mail:

Cancellations:

All course fees to be paid 8 weeks prior to the date of the course/study day

Any cancellations notified 4 weeks prior to the date of the course/study day, where paid, will be refunded in full less £5 non-returnable deposit

No refunds can be made for cancellations within 28 days of the date of the course/study day

In the event of Dove House cancelling a course/study day, the participant will have the following options:

- (a) transferral of monies paid to alternative date/course
- (b) refund IN FULL of monies paid



What is Dove House?

We are a charity providing excellent care for people in the local community with life limiting illnesses, such as cancer. We are specialists in palliative care. Palliative care is the total care of patients whose illness is no longer curable and for whom the goal must be quality of life.

Our services are available to anyone over the age of 18 years who has a life limiting illness. Specialist palliative care is provided for patients with cancer, motor neurone disease, HIV/AIDS or any other life limiting illness. This incorporates psychological, physical, social and spiritual support delivered by a multi-professional, collaborative team approach, embracing the family and significant others before and after the patient's death.

There is no charge for any of our services as Dove House Hospice is maintained by funds raised in the local community and support from the Health Authority.



The hospice is set in beautiful gardens and there is always a relaxed and informal atmosphere, a 'home from home,' where we encourage patients and their families to feel at ease. The patient and their family are at the centre of everything we do; they are the focus of our care, not the illness. We aim to give not only specialist care but special care, embracing our patients with warmth, understanding and friendship, offering them and their families guidance and support during difficult times.

We...

- are the only hospice of this type in the area, unique to Hull and the East Riding of Yorkshire.
- provide all our services free of charge. We are an independent, self-financing organisation.
- take into careful consideration the total well-being of patients and their families, tailoring all our care specifically to their individual needs.
- offer both Inpatient and Day Therapy Services, plus many other clinics and treatment methods.
- provide pain and symptom control, terminal care and respite care.
- care for the whole family, offering a counselling and bereavement service to anyone who needs us.
- open our doors 24 hours a day, 365 days a year.



Please check our website for regular updates
& details of new courses

www.dovehouse.org.uk

For further information or an application form please contact:

The Education Department
Dove House Hospice
Chamberlain Road
Hull
HU8 8DH

Tel: (01482) 785783
Email: education@dovehouse.org.uk

or apply on line by visiting our website at www.dovehouse.org.uk